

The Hub— A Place for Kids and Parents

I first started to come to The Hub when my oldest son was nine months old. I discovered a great place where I could meet other moms, take part in learning activities with my son and get advice on child's education.

Pretty soon my second son came along and, with him, many sleepless nights. Being alone in Fort McMurray, like most of the moms with no family around, The Hub was a huge support system. I took part in programs like Baby and Me, the Breastfeeding Support Group and Beyond Baby Blues. I was supported by The Hub's amazing personnel and by activities where my toddler could play on his own while I took care of my newborn. All this helped me to go through a really tough time in my life.

I love to come here, so does my son. Sharing your experience with the other moms and The Hub's personnel makes you realize that you are not on your own.

The Hub is an amazing place. I could not thank it's staff enough for their support.