

My name is Mitch Nelson, and I am in the Post-Treatment program here at Pastew Place. First off, let me tell you that the Post-Treatment program here is a god send, and the first program of its kind in Fort McMurray. This type of program in my opinion is long overdue and is probably the biggest factor in my recovery right now. It has opened all kinds of doors me and given me the opportunity to get back on my feet, to work the program and have a safe and happy place to reside.

I came here in early may to the detox and got better slowly. With the help of Janice, Julie, Ann and the rest of the staff they helped nurtured me back to health. I went to NA meetings and AA meetings, read material and started looking at the steps.

Janice then helped me get into an out of town recovery centre. I went there for a long term program; I was there for four months. Prior to going thought I was on pre-treatment program here at Pastew Place Detox Centre for almost two months. They never had a pre-treatment program before and that allowed me to work on myself and the steps and going to meetings before going to the recovery centre. This helped me tremendously. It gave me hope and a new lease on life. Following my stay at the treatment centre I was accepted back at Pastew Place for the post-Treatment program which meant I had a place to stay and continue on my road of recovery. I cannot tell you how much that meant to me.

It was a new beginning with also made me feel safe and ready to do the work that I need to do. We are in the process of implementing a day programme. There are three of us in the post treatment and we feel very, privileged and honoured to be a part of what's going on here and I think what we do and succeed in will help future post-treatment clients on their road of recovery also. It is a honour to be part of the future here.

I also do artwork and just finished painting a medicine wheel which will be hung and used in the day program. Beside all the help I am getting in the program it's great to be a part of the growing plans for post treatment

When I leave here I will have in place a job, and also a place to live. . I am talking a course at Keyano for Heavy Equipment Operator. I laid floorer for 37 years and can no longer do that so I am also making a complete job change.

I would not be not able to this without the post treatment program, I suppose I could but where would I stay. It is a great program and takes a lot of pressure off me which helps me to work on my recovery.

How important is that in my recovery right now it means everything to me. The staff here and the post treatment in which there are three of us right now are looking for nothing but good things to happen in the future.

Most people that are finishing recovery programs have no where to go and are basically just out there and have no recourses or things to do other than just survive That leaves them with little or no time for recovery and as a result get frustrated and usually end up using or drinking again

So in my option the post-treatment program is a win situation for all those involved, not only for the clients but for their loved ones, family, Kinds, and everyone.

I can't Thank Pastew Place and the people here, and for the post-treatment program enough. I now know have hope and real good chance at new and happy life.

